

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

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COURSE TITLE: NURSING PRACTICE THEORY

CODE NO NUR 106 SEMESTER: ONE

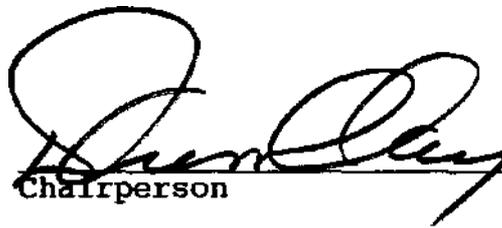
PROGRAM: NURSING

AUTHOR: MARION MARKS

DATE SEPTEMBER, 1991 PREVIOUS OUTLINE DATED: SEPT/90

New: Revision X

APPROVED


Chairperson


Date

NURSING PRACTICE THEORY

NUR 106

COURSE NAME

COURSE NUMBER

TOTAL CREDIT HOURS: 80

PREREQUISITES: none

I. PHILOSOPHY/GOALS:

The purpose of this course is to prepare the student to use the nursing process in assisting the client to maintain and promote adaptation. Nursing is viewed within the context of the adaptation conceptual framework. This involves detailed examination of the steps in the nursing process, assessment, planning, intervention and evaluation. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation. The cognitive, affective and psychomotor domains of learning are involved throughout.

II. STUDENT PERFORMANCE OBJECTIVES:

Upon successful completion of this course, the student will:

1. Explain the relationship between adaptation and nursing practice in assisting clients who require support to maintain and promote adaptation.
2. Demonstrate the use of the nursing process for individuals who require support to maintain and promote adaptation.
3. Apply theory concepts and principles of interpersonal relationships in the nursing process,
4. Determine the relevance of values to nursing practice.
5. Comply with professional expectations regarding accountability.
6. Recognize the need for the nurse to be a continuous learner.
7. Recognize the impact of the structure and function of the health care system on current practice situations.
8. Apply knowledge of medical terminology in classroom and clinical practice.

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III. TOPICS TO BE COVERED:

<u>SEMESTER 1:</u>	<u>HOURS</u>
UNIT 1: INTRODUCTION TO ADAPTATION, HEALTH & THE NURSING PROCESS	22
UNIT 2 ACTIVITY AND REST	19
UNIT 3 COMMUNICATIONS	12
UNIT 4 TEMPERATURE	2
UNIT 5 PROTECTION	5
UNIT 6 SENSORY	9
UNIT 7 DRUGS	5
UNIT 8 MEDICAL TERMINOLOGY	SELF STUDY

IV. LEARNING ACTIVITIES

REQUIRED RESOURCES

Details of learning activities and required resources are outlined in the individual unit objectives for NUR 106.

V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

Grading methods and supplemental examinations for Semester 1 beginning September 4, 1990.

<u>Grading</u>	A+	90 - 100%
	A	80 - 89%
	B	70 - 79%
	R	Below 70%

Mark Allocation for Semester I:

Term Work	Unit Test	250 marks
	Final Exams	150 marks
		400 marks

Final Mark = Your mark out of a possible 400

Tentative Test Schedule

Test	Date	Units	Marks
Test #1	Sept. 25	Adaptation Nursing Process	35
Test #2	Oct. 9	Nursing Process Health Drugs	45
Test #3	Oct. 23	Activity Protection Health Drugs Medical Terminology	45
Test #4	Nov. 13	Activity & Rest Drugs Medical Terminology ADL and Skin Integrity	65
Test #5	Dec	Activity & Rest Temperature Communications Sensory Drugs Medical Terminology	60
Final Exam	Week of Dec. 16	Sensory Communications Comprehensive	150
			400 Total

3. Absence From Tests;

If a student is unable to write a test^ he/she must notify the teacher one hour before the test. For tests written at 0830^ he/she must telephone before 0900 hours. If a student fails to telephone the teacher, he/she will receive a mark of zero for that test.

Students who fail to write a test on the scheduled day will not be allowed to write on another day. However, they will be permitted to take up the test with the other students. For each test missed. The student will receive a mark equivalent to his/her final exam mark. The final exam must be written.

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V. EVALUATION METHODS CONTINUED . . .

4. Attendance;

Excellent attendance will be taken into consideration for borderline marks.

5. Supplemental Examinations;

A supplemental examination may be offered in this course at the discretion of the teacher and the Dean, subject to the following criteria:

- i) A student must write at least 3 out of 5 term tests.
- ii) A student must have achieved a passing grade (70%) on at least 2 term tests and 60% on the final examination.
- iii) The entire semester's course material will be tested.
- iv) The multiple choice format will not necessarily be used in the supplemental examination.
- v) The final grade for the semester will be based solely on the supplemental examination ie. the term mark will not be averaged in with this examination mark. The grade achieved will not be higher than a B.
- vi) A student may not attempt the supplemental examination more than once.

VI. REQUIRED STUDENT RESOURCES;

BIO 101 & BIO 121

Hurtubise, M. Biology 101-5 Workbook, revised June, 1989

Hurtubise, M. Biology 121-5 Workbook, revised June, 1989

Marieb, Elaine, N. The A ^ P Colouring Workbook, A Completes NEW Study Guide, 3rd edition, The Benjamin/Cummings Publishing Company, Inc., Don Mills, Ontario, 1991 (Optional but recommended)

Thibodeau, Gary A. Anatomy and Physiology, Times Mirror/Mosby College Publishing, Toronto, 1987.

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VI, REQUIRED STUDENT RESOURCES (continued):

NUR 106 & NUR 114

Andrews, H.A. and Roy, Sister C. The Roy Adaptation Model, A Definitive Statement, Appleton Century-Crofts, Norwalk, Connecticut, 1991.

Bobak, I. and Jensen, M. Essentials of Maternity Nursing, 3rd edition, C.V. MosbyCo., Toronto, 1990.

Cameron, M.C., Decou, M.L. Health Workbook, May-June, 1987.

Cameron, M.C., Decou, M.L. Regulation of Temperature Workbook, May-June, 1987.

Cameron, M.C., Decou, M.L., Hobbs, V., Lewis, E., Price, M. and Warnock, B. Roy's Adaptation Model and the Nursing Process Workbook, May-June, 1986.

Clark, J., Queener, S. and Karb, V. Pharmacological Basis of Nursing Practice, C.V. Mosby Co., Toronto, 1990.

Edelman, Carole, Health Promotion Throughout the Lifespan, 2nd edition, C.V. Mosby Co., Toronto, 1990.

Ford, Regina. Diagnostic Tests Handbook, newest edition, Springhouse Book Company, Springhouse, Pennsylvania, 1987

Gettrust, K.V., Ryan, S.C. and Engelman, D.S. Applied Nursing Diagnosis, Guides for Comprehensive Care Planning, Delmare Publishing Company, Nielson Canada, Toronto, 1985.

Kozier, B. and Erb, G.L. Fundamentals of Nursing - Concepts and Procedures, 4th edition, Addison-Wesley Publications, Menlo Park, California, 1991.

Kozier, B. and Erb, G.L. Techniques in Clinical Nursing, 3rd edition, Addison-Wesley Publications, Menlo Park, California, 1989.

Marks, Marion. Activities of Daily Living and Skin Integrity Workbook, 1990

Marks, Marion. Drug Administration Workbook, 1990

Marks, Marion. Protection Workbook, 1990

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VI. REQUIRED STUDENT RESOURCES (continued):

NUR 106 & NUR 114

Miller & Keane. Encyclopedia and Dictionary of Medicine, Nursing and Allied Health, 4th edition, W.B. Saunders Co. (economy version).

Skidmore-Roth, L. Mosby's 1992 Nursing Drug Reference, C.V. Mosby Company, Toronto, 1991 (to be purchased at the beginning of Semester 2)

Smith, G. and Davis, P. Medical Terminology - A Programmed Text, 6th edition, John Wiley & Sons, Inc., Toronto, 1991.

Varcarolis, E. Foundations of Psychiatric Mental Health Nursing, W.B. Saunders Company, Toronto, 1990.

Whaley, L.F. and Wong, D.L. Essentials of Pediatric Nursing, 3rd edition, C.V. Mosby Co., Toronto, 1989.

Williams, S. Essentials of Nutrition and Diet Therapy, 5th edition, C.V. Mosby Co., Toronto, 1990.

NUR 109

Duff, D.L. & Aylward, J.M. A Metric Guide for Health Professionals on Dosages ^ Solutions, W.B. Saunders Company, Toronto, 1988 (ISBN0-7216-1453-1)

NUR 100 & NUR 121

Kozier, B. & Erb, G.L. Fundamentals of Nursing - Concepts and Procedures, 4th edition, Addison-Wesley Publications, Menlo Park, California, 1991

In addition, students will have to purchase a Psychology text and a Sociology text.